



*Wild Caught*  
**ATLANTIC COD**

**Great Moisture Content, Excellent Flaking Quality, Economical and Consistent**



**HIGH Sustainability**  
MSC Certification



**Value Added - Premium Quality  
Natural - Produced in Asia**





**SINBAD**  
*Gold*

# ATLANTIC COD



SINBAD *Wild Caught* Atlantic Cod are premium quality, naturally preserved and processed in Asia. Atlantic Cod is a popular whitefish with a mild flavor just like its cousin Pacific Cod but has a firmer texture and slightly lower moisture content. This is an extremely versatile fish that is an excellent alternative to Halibut and responds well to all cooking methods. Our Atlantic Cod produced in Asia is an excellent quality product at a value price point.

## TARGET APPLICATIONS

- Buffets
- Center of Plate
- Staff Meal Solutions

## FEATURES & BENEFITS

- Premium Quality Raw Materials
- **Naturally Preserved**
- Processed Under Strict Supervision
- 100% Net Weight Guarantee
- A Versatile Value Priced Protein



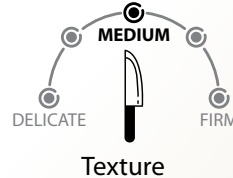
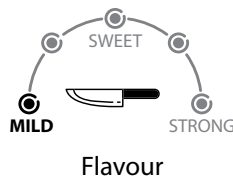
SINBAD products are either wild caught or sustainably farm-raised and is the essential product line for the value priced market.

SINBAD products come from the finest raw materials with exceptional harvesting and processing standards - 100% Net Weight, Accurate Piece Counts, No Folded Bellies or Tails. **Our industry best 7-Step Quality Control Process** delivers comprehensive inspections at every stage of processing.

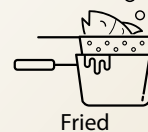
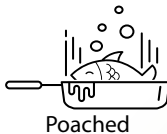
CLICK OR SCAN TO  
CONNECT WITH A  
TRADEX REP.



## CULINARY COMPOSITION



## COOKING METHODS



## Nutrition Facts

Serving size	(113g)
Amount Per Serving	
<b>Calories</b>	<b>90</b>
	% Daily Value*
<b>Total Fat</b> 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 50mg	17%
<b>Sodium</b> 60mg	3%
<b>Total Carbohydrate</b> 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 20g	40%
Vitamin D 2mcg	10%
Calcium 23.4mg	2%
Iron 0.396mg	2%
Potassium 630mg	15%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**FORM**

**SIZES**

**SPECS**

**PACK**

**PORTIONS**

**2-3oz**

**IQF, Chem Free,  
Skinless, Boneless**

**1x10LB**

## MENU IDEAS



- Grilled Cod with Lemon & Butter Fish Tacos
- Paprika Spiced Grilled Cod with Mango Salsa
- Beer Battered Atlantic Cod Fish & Chips



EXPLORE MORE AT  
[www.tradexfoods.com](http://www.tradexfoods.com)

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